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# Heat treatment and false-positive heartworm antigen testing in ex vivo parasites and dogs naturally infected by *Dirofilaria repens* and *Angiostrongylus vasorum*

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# **Abstract**

**Background:** Heartworm antigen testing is considered sensitive and specific. Currently available tests are reported as detecting a glycoprotein found predominantly in the reproductive tract of the female worm and can reach specificity close to 100%. Main concerns regard sensitivity in the case of light infections, the presence of immature females or cases of all-male infections. Research and development have been aimed at increasing sensitivity. Recently, heat treatment of serum prior to antigen testing has been shown to result in an increase in positive antigen test results, presumably due to disruption of natural antigen—antibody complexes. Cross-reactions in dogs with both natural and experimental infections with *Angiostrongylus vasorum* and *Spirocerca lupi* have been reported, but cross-reactions with other helminths have not been extensively studied. In order to evaluate potential cross-reactivity with other canine and feline parasites, two studies were performed. Study 1: Live adults of *Dirofilaria immitis, Dirofilaria repens, Toxocara canis, Toxocara cati, Dipylidium caninum, Taenia taeniaeformis* and *Mesocestoides* spp. larvae were washed and incubated in tubes with saline solution. All worms were alive at the time of removal from the saline. Saline solutions containing excretory/secretory antigens were then tested for heartworm with six different, commercially available antigen tests. All results were evaluated blind by three of the authors. Study 2: Sera from dogs with natural infections by *A. vasorum* or *D. repens,* living in areas free of heartworm disease, were tested with the same tests before and after heat treatment (103 °C for 10 min).

**Results:** Results suggest that antigens detected by currently available tests are not specific for *D. immitis*. They may give positive results through detection of different parasites' antigens that are normally not released into the bloodstream or released in a low amount and/or bound to antibodies. Tests may even detect antigens released by male *D. immitis* adult worms. *D. repens* appears to release more detectable antigens than the other worms studied.

**Conclusions:** Cross-reaction with *A. vasorum* and *D. repens* does occur in the field and could potentially occur with other helminths. Heat treatment decreases specificity by enhancing cross-reactivity.

**Keywords:** Dirofilaria spp., Antigen tests, Cross-reactivity

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# **Background**

Heartworm antigen (Ag) testing is perceived as being very accurate, with a specificity virtually approaching 100%. There are, however, concerns regarding sensitivity in cases of light, immature female, or all-male infections, as the sensitivity of heartworm antigen tests depends on the worm burden, and the sex and age of the parasites [1-3]. Currently available tests are reported as detecting a glycoprotein found predominantly in the reproductive tract of the female worm, and efforts have been made to increase test sensitivity. However, potential cross-reactions in dogs with both natural and experimental infections with A. vasorum and S. lupi have been recently reported in dogs [4, 5], while others have reported cross-reactivity with Acantocheilonema reconditum in dogs and A. odendhali in sea lions [6, 7].

Despite reports of currently available tests showing specificity ranging from 84.5% to 100%, with most of them ranging between 97% and 100% [8], the potential concern about possible cross-reactions with other helminths has not been extensively evaluated, due to the assumption that most of the tests are based on monoclonal antibodies against Dirofilaria immitis Ags. Recently, heat treatment of serum prior to antigen testing has been shown to result in an increase in positive antigen test results [9-11], presumably due to disruption of natural antigen-antibody complexes. A recent field study [12] has suggested that increased sensitivity with heat treatment could decrease specificity allowing possible cross-reactions with D. repens. A lack of specificity due to cross- reactivity could strongly affect the positive predictive value of testing in different epidemiological areas or scenarios [13], leading to unnecessary or inappropriate treatments.

Here, two different studies (experimental and field) were performed in order to evaluate potential cross-reactivity of currently available antigen tests, with several different canine and feline parasites.

#### Methods

### Study 1

Live adult helminths were collected from privately owned dogs and cats with natural parasitic infections. Eleven adults of D. immitis were obtained during therapeutic surgical removal of heartworms, with the Ishihara technique [14]. Three worms were from a dog treated with doxycycline (10 mg/kg once a day for one month) and ivermectin (8 µg/kg every 2 weeks for three treatments) before surgical removal. Fourteen adult D. repens were collected from subcutaneous nodules during therapeutic surgical removal with a mini-invasive technique [15]. Three adult Toxocora canis, four adult Toxocara cati, five Toxocara spp. larvae, two adult Dipylidium caninum and one Taenia taeniformis were collected from dogs and cats immediately following owner-requested euthanasia and necropsy for unrelated diseases. Finally, Mesocestoides sp. larvae were obtained during routine abdominal surgery.

All parasites were individually identified based on morphology, washed carefully with saline solution and incubated for 30 min at room temperature (25 °C) in a tube (a single worm for each tube) with 3 mL of saline solution. All worms were alive at the time of removal from the saline. The saline solutions containing excretory/secretory antigens were diluted (1:8) and then tested with: SNAP° HTWM (IDEXX Laboratories, Westbrook, Maine, USA), SNAP° 4Dx° Plus (IDEXX Laboratories, Westbrook, Maine, USA), Witness<sup>®</sup> Dirofilaria (Zoetis, Rome, Italy), Speed Diro™ (Virbac, Milan, Italy), PetChek® HTWM PF (IDEXX, Westbrook, Maine, USA) and DiroCHEK® Heartworm Antigen Test (Synbiotics, San Diego, California, USA). Three tubes with normal saline solution were included in the study as negative controls. All results were recorded by three, blinded authors (LK, SM, MG) and scored according to the scheme reported in Table 1.

#### Study 2

Sera from privately owned dogs with natural *A. vasorum* or *D. repens* infections, living in areas free of heartworm disease, were tested before and after heat treatment

**Table 1** Assessment scores for the tests used in the study

Score	Witness®	SNAP® 4Dx® Plus	SNAP® HTWM	Speed Diro™	PetChek® HTWM PF Optical Reading NEG 0.0420+ 0.05 POS 0.6529	DiroCHEK® Optical Reading NEG 0.0562 POS 0.3754
0	No reaction	No reaction	No reaction	No reaction	≥ 0.0920	≥ 0.0562
+	Mild PR	Mild PR	1 spot less bright than control spot	1-3 into the Speed reading chart <sup>a</sup>	≥ 0.0921 ≤ 0.37245	≥ 0.0563 ≤ 0.2158
++	Clear PR but less than control band/spot	Clear PR but less than control spot	1 spot as bright as control spot	4-7 into the Speed reading chart <sup>a</sup>	≥ 0.37245 ≤ 0.6529	≥ 0.2159 ≤ 0.3754
+++	PR as clear as control band/spot	PR as clear as control band/spot	2 spots	8-10 into the Speed reading chart <sup>a</sup>	≥0.6530	≥ 0.3755

<sup>&</sup>lt;sup>a</sup>Color chart provided by manufacturer and used to measure the intensity of the color change

Dog Code	Worm Gender	SNAP® HTWM	SNAP® 4Dx® Plus	Witness®	Speed Diro™	PetChek®	DiroCHEK®
С	F	+	+	+	+	+	+
C	F	+	+	++	+	+	++
C	F	+++	++	+++	+++	+++	+++
K	F	+++	+++	+++	+++	+++	+++
K	М	+	0	+	0	+	+
K	M	++	++	++	++	++	++

**Table 2** Results of tests on saline solutions containing excretory/secretory antigens of adult *Dirofilaria immitis* 

(103  $^{\circ}$ C for 10 min) as described [9] with the same tests used in Study 1.

The three dogs naturally infected by  $A.\ vasorum$  were positive for serum antigens using IDEXX Angio Detect<sup>TM</sup> and for larvae using the Baermann fecal examination technique. All were on regular heartworm chemoprophylaxis (oral ivermectin, 12 months a year). Dogs ranged in age from 4 months to 2 years old.

The four dogs naturally infected by *D. repens* were all microfilaremic as evaluated by a modified Knott's test, and all presented with subcutaneous nodules. For negative controls, sera from two dogs and one cat with no parasites visible on necropsy were used.

# **Results**

Study 1 evaluated different heartworm antigen tests on saline solutions containing excretory/secretory antigens of *D. immitis*, *D. repens* and several intestinal helminths. Saline solutions from all adult *D. immitis*, both male and female, were positive on all tests except for one male worm that resulted negative on SNAP 4Dx° Plus and Speed Diro™ (Table 2). In the case of immature heartworms, only the immature female was positive and only on three of the six tests used (Witness°, Speed Diro® and DiroCHEK®), while the immature male was negative on all (Table 3). One adult male and one adult female from a dog that had been treated with a combination of doxycycline and ivermectin were positive on all tests (except for SNAP® 4Dx® Plus that was negative for the female) with, however, weaker reactions (Table 3). Table 4

reports the results of testing of saline solutions containing antigens from *D. repens*. All tests were positive for both male and female adult worms, with few exceptions. Table 5 shows results from testing of solutions containing antigens from a variety of intestinal helminths. Interestingly, all cestodes except *Mesocestoides* spp. gave positive results on all tests. DiroCHEK° and Witness were often positive for antigens from adult *T. canis* and *T. cati*. The *T. canis* and *T. cati* females were positive on virtually all tests. All negative controls resulted negative on all tests.

Study 2 was aimed at identifying potential crossreactivity in dogs naturally infected with A. caninum and D. repens and the eventual increase in cross-reactions following heat treatment of serum. Serum samples from dogs with natural A. vasorum infection gave conflicting results on heartworm antigen testing before heat treatment (Table 6). SNAP HTWM° and PetChek° yielded positive results in 3/3 dogs, Witness® in 2/3 and Diro-CHEK® in 1/3. SNAP® 4Dx® Plus and Speed Diro™ were negative for all samples. After heat treatment, SNAP HTWM° and PetChek° still yielded positive results in all samples, but with a more intense positive reaction. The previously negative sample tested with Witness® became positive, while the two previously negative with Diro-CHEK<sup>®</sup> became positive. Finally, Speed Diro<sup>™</sup> became positive for one of the two previously negative samples, while SNAP 4DX became positive for all previously negative samples. All tests were negative in D. repensinfected dogs before heat treatment, except for Witness®

**Table 3** Results of tests on saline solutions containing excretory/secretory antigens of immature and adult *Dirofilaria immitis* from a dog pretreated with doxycycline and ivermectin

Dog Code	Worm Gender	SNAP® HTWM	SNAP® 4Dx® Plus	Witness®	Speed Diro™	PetChek®	DiroCHEK®			
Young immature adults										
KL	F	0	0	+	+	0	+			
KL	М	0	0	0	0	0	0			
Dog treate	ed with doxycycli	ne: 10 mg/kg SID for 1 n	nonth and ivermect	in 8 μg/kg every 2	weeks for 3 Tx					
М	F	+	0	++	+	+	+			
М	М	+	+	+	+	+	+			
М	М	0	0	+	0	0	+			

Table	<b>4</b> Results of tests	on saline solutions	s containing excre	etory/secretory	antigens of	Dirofilaria	renens adults
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Dog Code	Worm Gender	SNAP® HTWM	SNAP® 4Dx® Plus	Witness®	Speed Diro™	PetChek®	DiroCHEK®
GN	F	++	+	++	++	++	+++
GN	F	+++	+	+++	++	+++	+++
GN	F	+	0	++	+	++	++
GN	F	+++	+++	+++	+++	+++	+++
GN	F	++	++	++	++	+++	+++
GN	F	++	+	+++	++	+++	+++
GN	F	+	+	++	++	++	+++
GN	F	++	+	++	+	++	++
GN	F	+	+	++	+	+	++
GN	M	+	0	++	+	+	+
GN	M	0	0	+	+	+	++
GN	M	+	0	+	+	0	+
G	F	+++	+++	+++	+++	+++	+++
C	F	+	+	+	++	++	+++

and DiroCHEK\*, which detected low antigen levels in two of the dogs (Table 7). After heat treatment, all of the tests gave positive results.

All of the challenged tests in the study correctly identified negative controls (sera from dogs and cats without parasites on necropsy) before and after heat treatment.

# **Discussion**

Results of Study 1 suggest that antigens detected by currently available tests are not specific for *D. immitis*. They could therefore give positive results through detection of

other parasites' antigens that are normally not released into the bloodstream (or released in low amounts and bound to antibodies). Tests were able to detect Ags released by male *D. immitis* adult worms (in vitro), suggesting that even all-male infections could be diagnosed with the highly sensitive tests actually on the market, contrary to what is currently thought. Immature *D. immitis* and those from dogs treated with doxycycline and ivermectin gave weaker positive results, in agreement with published data [16], which suggests that doxycycline and ivermectin treatment could lead to false-positive results.

**Table 5** Results of tests on saline solutions containing excretory/secretory antigens of *Toxocara canis, Toxocara cati, Dipylidium caninum, Taenia taeniaeformis* and *Mesocestoides* sp.

Parasite	Worm Gender	SNAP® HTWM	SNAP® 4Dx® Plus	Witness®	Speed Diro™	PetChek®	DiroCHEK®
T. canis	F	+	+	+	+	++	++
T. canis	М	0	0	+	0	0	0
T. canis	М	0	0	0	0	0	0
T. cati	F	++	0	++	+	++	++
T. cati	F	+	0	++	+	++	++
T. cati	М	0	0	++	+	0	++
T. cati	М	0	0	++	0	0	++
T. cati	Larvae <sup>a</sup>	0	0	0	0	0	0
T. taeniaeformis <sup>b</sup>		++	+++	++	+	++	++
D. caninum <sup>c</sup>		+	++	+	+	+	+
D. caninum <sup>c</sup>		+	++	+	++	++	+
Mesocestoides sp.d		0	0	0	0	0	0

<sup>a</sup>Five short immature adult/larvae (recovered from the intestinal lumen) in the same tube. <sup>b</sup>Whole parasite. <sup>c</sup>One terminal gravid segment for each tube. <sup>d</sup>Five tetrathyridium (peritoneal larvae) into the same tube

Table 6 Results of serological testing before and after heat treatment in Anaiostrongylus vasorum naturally infected dogs

Dog Code	Before/ After Heat Tx	SNAP® HTWM	SNAP® 4Dx® Plus	Witness®	Speed Diro™	PetChek®	DiroCHEK®
TS	В	+	0	+	0	+	+
TS	Α	++	+	++	+	++	++
IG	В	+	0	+	0	++	0
IG	Α	++	+	++	0	++	+
NO <sup>a</sup>	В	+	0	0	0	+	0
NO <sup>a</sup>	Α	++	+	+	0	++	+
C.D1 <sup>b</sup>	В	0	0	0	0	0	0
C.D2 <sup>b</sup>	Α	0	0	0	0	0	0
C.C1 <sup>b</sup>	В	0	0	0	0	0	0
C.D1 <sup>b</sup>	Α	0	0	0	0	0	0
C.D1 <sup>c</sup>	В	0	0	0	0	0	0
C.D1 <sup>c</sup>	А	0	0	0	0	0	0

B = before heat treatment. A = after heat treatment. a4-month-old dog. bNegative control dogs. cNegative control cat

Dirofilaria repens appears to release more detectable antigens than the other worms studied in vitro. Results from Study 2 suggest that *D. repens* infection can lead to false-positive results on heartworm antigen testing, as published and confirmed for *A. vasorum*. Furthermore, heat treatment of the serum sample appears to cause an increase in cross-reactions. This should be taken into account in those areas, for example, many European countries, that are endemic for heartworm and where *D. repens* is common and spreading. Increasing test sensitivity by heat treatment decreases specificity and should not be recommended for routine use, at least in areas where *D. repens and A. vasorum* are present.

This could also be true for other parasites, considering the results of Study 1. However, results of the present study need to be confirmed by further in vivo studies according to previous research [17]. Indeed, it is likely that several of these parasites do not normally release antigens into the bloodstream. There may be, however,

**Table 7** Results of serological testing before and after heat treatment in *Dirofilaria repens*- naturally infected dogs

			'		,		
Dog Code	Before/ After Heat Tx	SNAP® HTWM	SNAP® 4Dx® Plus	Witness®	Speed Diro™	PetChek®	DiroCHEK®
G	В	0	0	+	0	0	+
G	Α	++	+	++	+	++	++
GN	В	0	0	0	0	0	0
GN	Α	++	+	++	++	++	+++
LU	В	0	0	0	0	0	0
LU	Α	+	+	+	+	+	+
BR	В	0	0	+	0	0	+
BR	Α	++	+	+++	+	+	+++

B before heat treatment. A after heat treatment

particular conditions (ie, enteritis) where parasite antigens do begin to circulate. Heat treatment may further increase the detection of these antigens and is probably not to be recommended in any situation.

#### **Conclusions**

Lack of specificity as a consequence of cross-reactivity could strongly affect the positive predictive value of testing in different epidemiological areas or scenarios leading to unnecessary or inappropriate treatment. Major efforts should be made to increase specificity, rather than sensitivity, of heartworm antigen tests, particularly in countries where *D. repens* and *A. vasorum* are found. Furthermore, in an asymptomatic dog, a *D. immitis*-positive antigen test that is not supported by other evidence of disease (thoracic radiographs, echocardiography) or by the presence of circulating microfilariae, should be carefully interpreted, particularly in low endemic areas. In these cases, other parasitic diseases should be ruled out before starting treatment.

# Abbreviation

Ag: heartworm antigen

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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#### Authors' contributions

LV collected parasitic and biological specimens. SM, MG, and LK performed the Ag tests. All authors contributed to writing the manuscript and read and approved the final version.

#### Ethics approval and consent to participate

For these studies, no ethics approval was requested as no animals were involved in clinical-diagnostic procedures other than requested for their health and with owner permission. *T. canis, T. cati, D. caninum and T. taeniaeformis* were recovered following humane euthanasia of pets for reasons unrelated to parasitic infections, in which necropsy was allowed or requested by the owners.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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