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# The leishmanicidal activity of oleuropein is selectively regulated through inflammationand oxidative stress-related genes

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#### **Abstract**

**Background:** Much research effort has been focused on investigating new compounds derived from low-cost sources, such as natural products, for treating leishmaniasis. Oleuropein derived from numerous plants, particularly from the olive tree, *Olea europaea* L. (*Oleaceae*), is a biophenol with many biological activities. Our previous findings showed that oleuropein exhibits leishmanicidal effects against three *Leishmania* spp. in vitro, and minimizes the parasite burden in *L. donovani*-infected BALB/c mice. The aim of the present study is to investigate the possible mechanism(s) that mediate this leishmanicidal activity.

**Methods:** We determined the efficacy of oleuropein in elevating ROS and NO production in *L. donovani*-infected J774A.1 macrophages and in explanted splenocytes and hepatocytes obtained from *L. donovani*-infected BALB/c mice. We also assessed the expression of genes that are related to inflammation, T-cell polarization and antioxidant defense, in splenocytes. Finally, we determined the ratios of specific IgG2a/IgG1 antibodies and DTH reactions in *L. donovani*-infected BALB/c mice treated with oleuropein.

**Results:** Oleuropein was able to elevate ROS production in both in vitro and in vivo models of visceral leishmaniasis and raised NO production in *ex vivo* cultures of splenocytes and hepatocytes. The extensive oxidative stress found in oleuropein-treated mice was obviated by the upregulation of the host's antioxidant enzyme (mGCLC) and the simultaneous downregulation of the corresponding enzyme of the parasite (LdGCLC). Moreover, oleuropein was able to mount a significant Th1 polarization characterized by the expression of immune genes ( $IL-12\beta$ , IL-10,  $TGF-\beta1$ ,  $IFN-\gamma$ ) and transcription factors (Tbx21 and GATA3). Moreover, this immunomodulatory effect was also correlated with an inhibitory effect on  $IL-1\beta$  gene expression, rather than with the expression of  $IL-1\alpha$ , IL-1rn and  $TNF-\alpha$ . Furthermore, oleuropein-treated BALB/c mice mounted a delayed-type hypersensitivity (DTH) response and an elevated Leishmania-specific IgG2a/IgG1 ratio that clearly demonstrated an in vivo protective mechanism.

**Conclusion:** The ability of Oleuropein to promote a Th1 type immune response in *L. donovani*-infected BALB/c mice points towards the candidacy of this bioactive compound as an immunomodulatory agent that may complement therapeutic approaches to leishmaniasis.

Keywords: Oleuropein, Leishmania, Visceral leishmaniasis, Immunomodulation, Oxidative stress, Inflammation

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#### **Background**

Leishmaniasis is a parasitic disease with diverse clinical manifestations. The parasites of the genus Leishmania have developed the ability to manipulate the cells of the host immune system and to survive within the macrophage phagolysosome. After establishment, Leishmania infection per se is able to alter the immunological and inflammatory host responses to its own benefit [1, 2]. To date, much research effort has been directed towards the discovery of new therapeutic agents capable of killing the majority of Leishmania species and promoting the host immune response. This activity of potent therapeutic agents must rely on the generation of a strong immune response orchestrated by both innate and adaptive immunity against Leishmania infection. The differentiation and proliferation of specific CD4+ T cells (T-helper cells) into different effector cell subpopulations have been recognized. Indicatively, Th1, Th2, and Th3 have been identified in murine visceral leishmaniasis through their landmark produced cytokines, interleukin-12 (IL-12), IL-10, and transforming growth factor-β (TGFβ), respectively. There has been a consensus that a Th1 dominant response over that of Th2, is responsible for the activation of macrophages that eliminate *Leishmania* parasites via microbicidal molecules, such as reactive oxygen species (ROS) and nitric oxide (NO) [3]. The polarization of Th cells into Th1 and Th2 effector cells is controlled by the regulation and production of the transcription factors T-box transcription factor (Tbx21) and trans-acting Tcell-specific transcription factor (GATA3), respectively [4]. The regulation of GATA3 expression is considered essentially significant, because its downregulation allows the production of Tbx21 which is mainly stimulated by Th1related cytokines, like IL-12 and interferon-y (IFN-y) [5, 6]. Moreover, GATA-3 regulation is maintained by the presence of the immunosuppressing cytokine IL-10 and not IL-4 [7, 8]. On the contrary, the presence of TGF-β can halt the differentiation and the proliferation of immature T-cells into the above discrete subpopulations. These differential immune responses are also correlated with the existence of inflammatory messengers after the onset of disease or during parasite dissemination that will render a strengthened Th2-Th3 immune response allowing the gradual spread of the disease [9–12].

The Th1 immune response induces macrophages to generate leishmanicidal molecules, such as ROS and reactive nitrogen intermediates (RNI), like NO [13]. Among the various types of ROS, superoxide anion (O<sub>2</sub>) is largely produced at the establishment of infection during the penetration of promastigotes to macrophages, while lower amounts are produced during the outspread of disease and the infection of adjacent monocytes with amastigotes. It has been shown that this reduction is mainly due to a NADPH oxidase deficiency that is being

imposed by the intracellular parasite [14-16]. NO is the other anti-leishmanial molecule and its production is catalyzed by the inducible nitric oxide synthase enzyme (iNOS) from L-arginine. Contrary to ROS, NO is produced in the macrophage response against the parasites already present within the cell [17]. This is due to the fact that iNOS induction and its transformation into an active form requires at least 6 h after synergism of various stimuli, such as cytokines (IL-12, IL-18, IFN-y, tumor necrosis factor-α; TNF-α), microbial products and elements such as lipopolysaccharide (LPS), costimulatory molecules, adhesion molecules, as well as immune complexes [6, 18]. Leishmania spp. parasites possess the glutamate-cysteine ligase enzyme (GCL or γ-GCS), which is involved in biosynthesis of the antioxidant molecule named trypanothione (TSH). TSH confers control on the oxidative potential within the host's phagolysosomes, which allows the parasites to avoid the deleterious effects of ROS and NO [19]. On the other hand, host cells have similar molecules like glutathione (GSH) and an analogue "host" GCL [20] which protect them from extensive oxidative stress that occurs during the defense against phagocytized parasites and the production of microbicidal molecules [16, 21]. Protozoans of the genus Leishmania prefer TSH for their protection against ROS and NO because TSH has a 600-fold higher affinity binding to NO than GSH [22, 23]. Nevertheless, transgenic promastigotes that were heterozygous for GCL produced reduced levels of TSH and became vulnerable to oxidative stress in vitro and exhibited reduced survival within activated macrophages [23].

The activation of macrophages and the subsequent production of ROS and NO are inextricably associated with the host's defense against leishmaniasis. However, this production must be accompanied by an acute regulation of antioxidant enzymes to defend against the oxidative burst. The differential regulation of the host and parasite antioxidant systems results in an armored protection for host cells, and in contrast, an impaired defense for the parasites. Throughout the literature, several natural products have been tested for their ability to increase the production of ROS and/or NO in in vitro and in vivo experimental models of leishmaniasis. Some natural plant products, including taxoid 10-deacetylbacattin-III [24], monoterpene linalool [25], 2',6'-dihydroxy-4'-methoxychalcone [26], and crude leaf extracts from Chenopodium ambrosioides L. (Amaranthaceae) [27], were shown to stimulate macrophages to increase NO production during Leishmania infection. Furthermore, some natural animal products, like the venom from Bungarus caeruleus Schneider, 1801 (Elapidae) were shown to promote ROS and NO production in an in vivo experimental visceral leishmaniasis model [28].

Oleuropein (Ole), a secoiridoid present in olives and leaves of Olea europaea L. (Oleaceae), was previously shown to induce reduced parasite burden in BALB/c mice infected with Leishmania donovani (Laveran & Mesnil, 1903) (Trypanosomatidae) even six weeks after the termination of treatment [29]. Moreover, it has been shown that Ole is able to induce apoptotic mechanisms in several cancer cell lines without regulating the expression of molecules involved in the NF-kB signaling pathway (e.g. MAPK cascade proteins, IkB-α) [30, 31]. Furthermore, Ole has been shown to be able to refill the cellular antioxidant pool by upregulating glutathionerecovery enzyme expression [32] and to decrease inflammatory mediator production (IL-1β) by human whole blood cultures [33]. The anti-inflammatory efficacy of Ole might contribute to Leishmania spp. clearance, because IL-1β abrogation results in Th1 polarization [34].

In the present study, we aimed to determine the possible mechanism by which Ole is able to promote antileishmanial activity in J774A.1 macrophages infected by L. donovani and in target tissues (spleen and liver) of L. donovani-infected BALB/c mice. This study elucidates the selective anti-inflammatory ability of Ole, which favours a Th1 type cell polarization of the susceptible mouse strain challenged with viscerotropic Leishmania parasites. This Th1 polarized immune response is illustrated by the regulation of Th1 specific genes such as IL-12 $\beta$ , IFN- $\gamma$  and TNF- $\alpha$  over Th2- and Th3-related genes such as IL-10 and TGF- $\beta$ 1 [35, 36]. The Th1 dominance is further confirmed by the elevated ratios of Tbx21/ GATA3 transcription factors and Leishmania-specific IgG2a/IgG1 antibodies in the spleen and serum of infected BALB/c mice treated with Ole. The above cascade induces the in vivo production of microbicidal molecules like ROS and NO. Moreover, in this study we demonstrated the ability of Ole to promote host antioxidant defense mechanism(s) in the host, whereas it is able to downregulate the corresponding parasite antioxidant defense. These findings were further complemented with the detection of delayed-type hypersensitivity response (DTH) in Ole-treated and L. donovani-infected BALB/c mice.

#### Methods

#### Parasite culture

The viscerotropic *Leishmania* strain *L. donovani* (zymodeme MON-2, strain MHOM/IN/1996/THAK35) was kindly provided by Dr. K. Soteriadou (Laboratory of Molecular Parasitology, Hellenic Pasteur Institute, Greece). Promastigotes were cultured in complete RPMI-1640 medium which consisted of RPMI-1640 with low phenol red content (Biochrom AG, Berlin, Germany), supplemented with 2 mM L-glutamine, 10 mM HEPES, 24 mM NaHCO<sub>3</sub>, 100 U/ml penicillin, 100 µg/ml streptomycin,

and 10 % v/v heat-inactivated fetal bovine serum (FBS; Gibco, Paisley, UK). Promastigotes were grown at 26  $^{\circ}$ C in a cell culture flask.

#### Macrophage culture and in vitro infection protocol

The immortalized macrophage cell line J774A.1 was purchased from the American Type Culture Collection (ATCC; Rockville, MD, USA/ ATCC No: TIB-67). The J774A.1 cells were cultured in culture flasks with complete RPMI-1640 medium and were incubated at 37 °C in a 5 %  $\rm CO_2$  environment. The viability of J774A.1 cells was determined by Trypan blue staining and cells were counted in a Malassez hemocytometer. Adherent J774A.1 cells were infected in vitro with  $\it L. donovani$  stationary-phase promastigotes at a ratio of 1:15 for 4 h, as previously described [29].

#### Natural product

Oleuropein (Ole) with purity of above 95 %, was extracted from air-dried, pulverized leaves (5 kg) of *Olea europaea* var *koroneiki* collected in Crete (Greece) [29]. Ole was diluted in distilled water, Millipore filtered with a 0.45  $\mu$ m pore size filter (Millipore, Massachusetts, USA) and stored at 4 °C.

For the conduct of the in vitro experiments, Ole was used at two different concentrations, 128.4  $\mu$ M (69.4  $\mu$ g/ml), which represents the half maximal inhibitory concentration (IC<sub>50</sub>) against *L. donovani* promastigotes of logarithmic phase and 256.8  $\mu$ M (138.8  $\mu$ g/ml; i.e.  $2\times$  IC<sub>50</sub>) [29].

#### Production of soluble Leishmania antigen

Soluble *Leishmania* Antigen (SLA) was derived from  $10^9 L$ . *donovani* stationary phase promastigotes. Briefly, promastigotes were placed in sterile phosphate buffered saline (PBS) and then disrupted with three repeated freeze-thaw cycles (freezing at -80 °C and thawing at 37 °C). Lysed parasites were then sonicated 3 times for 1 min, at 30-s intervals. The crude lysate was centrifuged at  $8,000 \times g$  for 30 min at +4 °C, and the supernatant was aliquoted and stored at -80 °C until use. The protein concentration of SLA was measured with a NanoDrop 2000 spectrophotometer (Thermo Fischer Scientific, Waltham, MA).

#### In vivo visceral leishmaniasis experimental protocol

Age-matched 8 to 10-week-old female BALB/c mice (20–25 g) were obtained from the breeding unit of the Hellenic Pasteur Institute (HPI, Athens, Greece). Experimental protocols were approved by the Animal Bioethics Committee of the HPI, according to the regulations of the European Commission Directive 1986/609 and the National Law of 1992/2015.

Briefly, BALB/c mice were infected intravenously in the lateral vein with  $1.5 \times 10^7 L$ . donovani stationaryphase promastigotes. At 15 days post-infection, animals were randomly assigned to five groups. In the first three experimental groups (G1, G2, G3), Ole was administered intraperitoneally at three different concentrations (45, 15, or 5 mg/kg body weight (b.w.) of pure Ole, respectively), every other day, for up to 28 days. The fourth experimental group (G4), representing the positive control group, received miltefosine (HePC), the only drug approved by the Food and Drug Administration agency of USA (USFDA) for treating leishmaniasis. HePC (4 mg/ kg b.w.), was administered by daily oral gavage for up to 28 days. BALB/c mice of the fifth group (G5 infected control group) did not receive any treatment. Finally, a group of non-infected mice (G6) served as the healthy control group (negative control group). Spleens, livers, and blood serum samples were obtained at 3 days and 6 weeks after treatment termination.

#### Assessment of generalized intracellular oxidative stress

To detect general intracellular oxidative stress,  $10^7$  cells/ml of each in vitro or in vivo experimental group were incubated with 5  $\mu$ M of a ROS-sensitive fluorescent probe (CM-H<sub>2</sub>DCFDA; a chloromethyl derivative of 2′, 7′-dichlorodihydrofluorescein diacetate, Invitrogen - Molecular Probes<sup>™</sup>) for 45 min in the dark, at 37 °C in a 5 % CO<sub>2</sub> environment.

More specifically, for the in vitro assays, J774A.1 cells (*L. donovani*-infected and non-infected) were incubated for 24 h with Ole (69.4 or 138.8  $\mu$ g/ml) either alone or in the presence of LPS (1  $\mu$ g/ml); LPS (1  $\mu$ g/ml) alone; or LPS (1  $\mu$ g/ml) plus IFN- $\gamma$  (1  $\eta$ g/ml) which represent the positive control groups of the applied method.

Concerning the in vivo assays, explanted splenocytes were directly incubated with CM-H<sub>2</sub>DCFDA, except for splenocytes derived from the mice of the negative-control group, which were incubated for 5 min with hydrogen superoxide (10  $\mu$ M, H<sub>2</sub>O<sub>2</sub>), before incubation with CM-H<sub>2</sub>DCFDA. The cells of each experimental group were washed with PBS and then placed at 4 °C.

Subsequently, 10,000 cells per experimental group were analyzed with Fluorescence-Activated Cell Sorting (FACS; on a FACS Calibur apparatus, Becton-Dickinson, San Jose, CA, USA). ROS activity was evaluated in terms of the geometric mean fluorescence intensity (gMFI). The results were plotted with Cell Quest (Becton Dickinson) and Flowjo (TreeStar Inc., Ashland, USA) software.

#### Quantification of extracellular nitric oxide (NO)

NO levels in the supernatants of all experimental groups were determined with the Griess reaction (Sigma-Aldrich, USA), as described before [37].

J774A.1 cells were incubated for 24 h with 69.4 or 138.8  $\mu$ g/ml of Ole, either alone or in combination with LPS (1  $\mu$ g/ml), LPS (1  $\mu$ g/ml) alone, or LPS (1  $\mu$ g/ml) plus IFN- $\gamma$  (1  $\mu$ g/ml). The stimuli described above were placed before and after the *L. donovani* infection for up to 24 h and NO levels were determined in the supernatant of the cultures. NO levels were also determined in uninfected J774A.1 cells treated with the same stimuli.

 $Ex\ vivo$  splenocytes and hepatocytes were cultured in the presence of complete RPMI-1640 medium and NO levels were determined after 24 h. Furthermore, splenocytes and hepatocytes obtained from the non-infected mice (G6 group) were incubated in the presence of LPS (1 μg/ml) or LPS (1 μg/ml) plus IFN-γ (1 ng/ml).

The optical density of the Griess reaction products was measured at 570 nm with a spectrophotometer (MRX, DYNATECH Laboratories, Guernsey, England).

## Gene expression analysis in splenocytes of *L. donovani*-infected BALB/c mice

Splenocytes were obtained from *L. donovani*-infected BALB/c mice of all experimental groups, 3 days after treatment termination. Total mRNA was isolated with an RNeasy Mini kit (Qiagen, Germany), and mRNA concentrations were measured with a NanoDrop 2000 spectrophotometer (Thermo Fischer Scientific). Messenger RNA was then reverse-transcribed using a SuperScript II kit (Invitrogen - Molecular Probes™) and oligo-dTs (Promega, WI, USA), and all reactions included the recombinant ribonuclease inhibitor, RNaseOUT™ (Invitrogen).

cDNAs of all the in vivo experimental groups were evaluated with real time PCR, performed using an Exicycler 96 thermocycler (Bioneer, Daejeon, Korea), using the Kapa SYBR Fast Universal 2× qPCR Master Mix kit (Kapa Biosystems Ltd., London, UK). The specific primers for the interleukin- $1\alpha$  (IL- $1\alpha$ ), interleukin- $1\beta$  (IL- $1\beta$ ), interleukin-1 receptor antagonist (IL-1rn), interleukin-10 (IL-10), subunit 2 of interleukin-12 (IL- $12\beta$ ), interferon- $\gamma$  (IFN- $\gamma$ ), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), transforming growth factor beta-1 ( $TGF-\beta 1$ ), T-box transcription factor (Tbx21), trans-acting T-cell-specific transcription factor (GATA3), subunit 2 of nuclear factor kappa-B (NF-kB2), and the glyceraldehyde dehydrogenase of the 3phosphatase (GAPDH) gene sequences were designed by Qiagen (QuantiTect Primer Assays; Qiagen, Venlo, Netherlands). The primers used to target the murine and L. donovani glutamate-cysteine ligase catalytic subunit sequences (mGCLC and LdGCLC, respectively) and the L. donovani a-tubulin gene sequence (LdAtub) were described previously [38, 39]. The PCR was conducted according to Qiagen's PCR protocol for the QuantiTect Primer Assays. All gene expression ratios were computed with the  $\Delta\Delta Ct$  method [40]. All qPCR experiments were performed in 3 replicates for each experimental condition.

#### Detection of Leishmania-specific IgG antibodies

Blood from *L. donovani*-infected BALB/c mice was collected at 3 days and 6 weeks after the termination of the treatments. Serum was separated upon centrifugation of blood at  $4000 \times g$  for 5 min. The *Leishmania*-specific IgG1 and IgG2a antibodies were determined with an indirect ELISA method. Briefly, 96-well microtiter plates were coated with 5 µg/ml of SLA in carbonate buffer (15 mM Na<sub>2</sub>CO<sub>3</sub>, 35 mM NaHCO<sub>3</sub>), pH 9.6 and left overnight at 4 °C. For the detection of IgG1 and IgG2a isotypes, serum samples (1/100 dilution) were added, as described previously [41].

#### Measurement of Delayed Type Hypersensitivity (DTH)

In order to determine the delayed hypersensitivity reactions, BALB/c mice that had been treated with Ole (15 mg/kg b.w.), were intradermally administered with total soluble L. donovani antigen (20  $\mu$ g dissolved in 20  $\mu$ l of sterile PBS) in the left hind footpad, 3 days post-treatment termination. As a negative control, the right hind footpad was given an equal volume of sterile PBS. The DTH response was determined by measuring the increase in thickness between the two hind footpads, for up to 48 h. Footpad swelling was measured with a dial gauge caliper (Mitutoyo, Kanagawa, Japan) and the difference was based on the following formula: Footpad swelling (mm) = thickness of left footpad — thickness of right footpad. The DTH was also determined in non-infected and in infected and non-treated BALB/c mice.

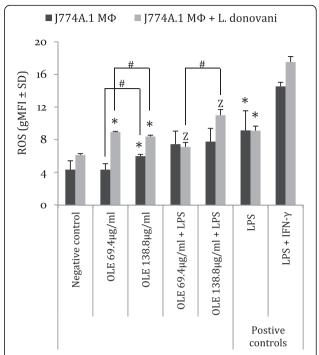
#### Statistical analysis

Three independent experiments were performed in duplicate for each in vitro method used. The in vivo experimental protocol was conducted twice and each group consisted of 6 mice. Statistical differences between the means of the in vitro ( $P \le 0.05$ ) and  $ex\ vivo\ (P \le 0.1)$  experiments were analyzed for significance with the non-parametric Mann-Whitney test.

#### **Results**

## Oleuropein induces intracellular ROS and nitric oxide production in J774A.1 cells

Increased intracellular levels of ROS and extracellular production of NO indicate macrophage activation via the classical pathway and parasite clearance [3]. We first determined the effect of Ole in the generation of ROS in infected or non-infected J774A.1 macrophages. Non-infected J774A.1 cells (dark grey bars in Fig. 1) that were incubated with 138.8 µg/ml of Ole exhibited significantly higher levels of intracellular ROS (gMFI =  $6 \pm 0.2$ ) compared to the corresponding levels generated by untreated J774A.1 cells (gMFI =  $4.3 \pm 1.1$ , P = 0.05). Nevertheless, Ole was not able to strengthen the intracellular oxidative stress caused by LPS, which is a potent stimulator of macrophages. More specifically, J774A.1 cells that were incubated



**Fig. 1** ROS levels in uninfected and *L. donovani*-infected J774A.1 macrophages. The negative control is represented by uninfected and untreated J774A.1 macrophages while the positive controls are represented by *L. donovani*-infected J774A.1 cells incubated with either LPS alone or with LPS plus IFN-γ. \*indicates significant differences compared to the negative control group; <sup>Z</sup>indicates significant differences compared to the positive control (LPS) group; <sup>#</sup>indicates significant differences between the two different concentrations of Ole

with Ole plus LPS, did not exhibit augmentation of intracellular ROS compared to J774A.1 cells that were stimulated only with LPS (gMFI =  $9.1 \pm 2.4$ ).

Moreover, L. donovani-infected J774A.1 cells (light gray bars in Fig. 1) that were treated with Ole, exhibited significantly ( $P \le 0.05$ ) higher intracellular ROS levels than their respective control groups. More specifically, L.donovani-infected J774A.1 cells that were treated with 69.4 and 138.8 µg/ml of Ole, exhibited high geometric mean fluorescence indexes (9  $\pm$  0.1 and 8.4  $\pm$  0.2, respectively; P = 0.05), when the corresponding mean for nontreated and infected J774A.1 cells was determined at 6.1  $\pm$ 0.2 gMFI (Fig. 1). Furthermore, it is noteworthy that L. donovani-infected J774A.1 cells that were simultaneously incubated with Ole (138.8 µg/ml) and LPS managed to exert increased ROS production (gMFI =  $11 \pm 0.7$ ; P =0.05) in comparison to infected cells treated only with LPS (gMFI =  $9.1 \pm 0.6$ ), whereas infected cells that were treated with 69.4 μg/ml of Ole plus LPS, exhibited significantly diminished ROS production (gMFI =  $7.1 \pm 0.6$ ; P = 0.05, Fig. 1). These data indicate the differential effect of Ole in inducing ROS production in vitro, depending on different parameters such as the concentration of Ole, the parasite challenge or the simultaneous activation with LPS.

In addition, in uninfected J774A.1 cells Ole promoted a significant (P=0.05) increase in nitrite production (0.069 ± 0.008 µg/ml; Fig. 2) compared to the baseline level (negative control, 0.053 ± 0.002 µg/ml).

However, Ole did not augment extracellular NO levels in *L. donovani*-infected J774A.1 cells, regardless of whether it was added before or after the infection or alone or in combination with LPS (Fig. 2).

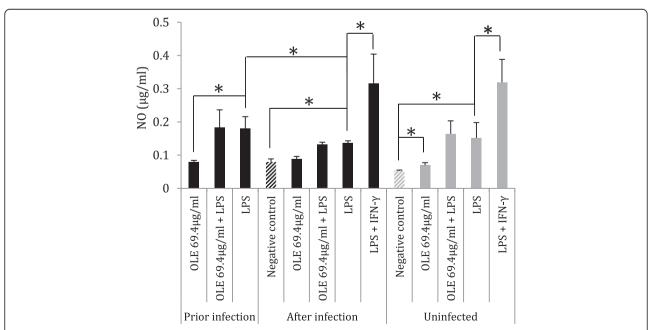
## Oleuropein induces high oxidant production in spleen and liver cells

The levels of intracellular ROS were determined in splenocytes of *L. donovani*-infected BALB/c mice, 3 days and 6 weeks after the termination of Ole or HePC treatment.

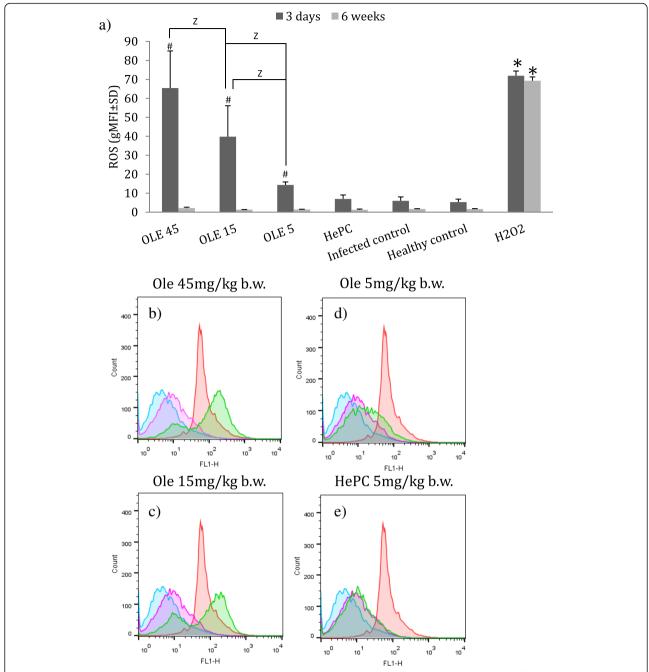
At 3 days post-termination of treatment (dark grey bars in Fig. 3a), splenocytes exhibited a significant increase in the levels of intracellular ROS in response to Ole. Splenocytes of mice that had been treated with 45, 15 and 5 mg/kg b.w. of Ole, exhibited inflated levels of ROS reaching  $65.5 \pm 19.6$  (P = 0.004),  $39.8 \pm 16.3$  (P = 0.004) and  $14.4 \pm 1.6$  gMFI (P = 0.004), respectively, compared to splenocytes of infected and non-treated mice (infected control group, G5; gMFI =  $6.0 \pm 2.0$ ). It is noteworthy that splenocytes obtained from L. donovani-infected BALB/c mice treated with HePC (positive control group), did not exhibit high levels of ROS (gMFI =  $7 \pm 1.2$ ; Fig. 3a). Moreover, it is important that although we observed significant production

of ROS in splenocytes of Ole-treated mice at 3 days posttermination of treatment, we did not notice any significant production of ROS at 6 weeks post-termination of treatment in all experimental groups.

Subsequently, we determined the levels of NO in the supernatant of spleen and liver cells that were explanted from all the in vivo experimental groups. At 3 days after treatment termination (light grey bars in Fig. 4), single cell suspensions obtained from spleen and liver tissues from Ole- or HePC-treated mice (G1-G4) showed a significant increase in NO levels compared to the infected control group (G5) (Fig. 4). As shown in Fig. 4, in splenocytes from BALB/c mice treated with Ole or HePC, the levels of NO were  $0.2 \pm 0.052 \,\mu\text{g/ml}$  for G1 (P = 0.004),  $0.278 \pm 0.048 \,\mu\text{g/}$ ml for G2 (P = 0.004),  $0.299 \pm 0.054$  µg/ml for G3 (P =0.004) and 0.299  $\pm$  0.047  $\mu g/ml$  for G4 (P = 0.004), whereas the corresponding levels for G5 (infected control group) and G6 (healthy control group) were  $0.1 \pm 0.045$  and  $0.07 \pm$ 0.053 µg/ml, respectively. In addition, explanted liver cell supernatants exhibited similar nitrite production (Fig. 4b). At 3 days post-termination of treatment, only mice from G1 and G2 groups (treated with Ole 45 and 15 mg/kg b.w., respectively) showed significant increases in NO levels  $(0.309 \pm 0.025; P = 0.004 \text{ and } 0.241 \pm 0.081 \,\mu\text{g/ml}; P = 0.004,$ respectively) compared to the infected control group (G5:  $0.091 \pm 0.027$  µg/ml). Similarly, treatment with HePC increased significantly the levels of NO in hepatocytes (0.482  $\pm$  $0.227 \mu g/ml$ , P = 0.004) (Fig. 4b). Cells treated with LPS (P = 0.02) and LPS/IFN- $\gamma$  (P = 0.02) produced significant



**Fig. 2** NO levels in J774A.1 macrophage culture supernatants. Infected groups represent macrophages infected with *L. donovani* promastigotes. \*indicates significant differences between the two conditions indicated with brackets



**Fig. 3 a** Intracellular ROS levels in splenocytes of BALB/c mice at 3 days or 6 weeks after treatment termination. <sup>#</sup> and <sup>\*</sup> indicate significant differences, compared to infected and healthy (negative) control groups, respectively. <sup>Z</sup> indicates statistically significant differences between the Ole-treated groups indicated with brackets. **b-e** Representative flow cytometry histograms derived from experimental groups at 3 days after treatment termination. *Blue* and *pink* curves represent ROS levels in healthy control and infected control groups, respectively. *Red* curves represent ROS levels induced by H<sub>2</sub>O<sub>2</sub> in uninfected splenocytes. *Green* curves represent ROS levels in infected splenocytes that received the indicated treatments

amounts of NO in their supernatant compared to healthy control groups (Fig. 4a, b).

Finally, at 6 weeks post-treatment, the levels of nitrites in the supernatant of the splenocytes and hepatocytes were not significantly different among all experimental groups (Fig. 4a, b).

## Oleuropein induces *Leishmania*-specific IgG1 and IgG2a antibody production

*Leishmania*-specifc IgG1 and IgG2a antibodies were detected in the serum of *L. donovani*-infected BALB/c mice, upon their treatment with either Ole or HePC. At 3 days post-termination of treatment, we observed a

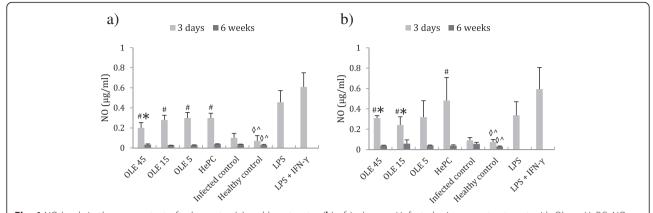


Fig. 4 NO levels in the supernatant of splenocytes (a) and hepatocytes (b) of *L. donovani*-infected mice upon treatment with Ole or HePC. NO levels were determined at 3 days or 6 weeks after treatment termination.  $^{\#}$  and  $^{*}$  indicate significant differences compared to the infected and positive (HePC-treated) control groups, respectively.  $^{\circ}$  and  $^{^{\circ}}$  indicate significant differences compared to explanted cells from uninfected and untreated mice that received LPS and LPS plus IFN-γ

significant and dose-dependent increase of the ratio IgG2a/IgG1 in mice that were treated with Ole (light grey bars in Fig. 5). More specifically, in mice treated with 45 and 15 mg/kg b.w. of Ole (G1 and G2), the IgG2a/IgG1 ratios were 2.96 and 0.8, respectively. These ratios were 5.75-fold (P=0.004) and 1.55-fold (P=0.004) greater than the corresponding ratio in the infected control group (G5). These results show that B-cell antibody production in Ole-treated mice is being guided by a mixed T-cell population where Th1 phenotype is being elevated. On the other hand, HePC-treated mice did not mount a significant IgG2a increase, indicating a mixture of Th1/Th2 immune responses.

At 6 weeks after termination of treatment (dark grey bars in Fig. 5), IgG2a/IgG1 ratios in Ole-treated mice (45 and 15 mg/kg b.w.) were maintained at higher levels compared to the infected control group (G5).

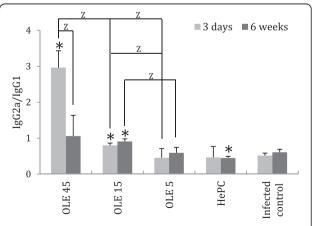
## Levels of NF-kB2, murine GCLC and L. donovani GCLC gene expression

The presence of high oxidative stress in the tested tissues is likely to affect both the normal functioning of the host cells as well as the parasites. This toxic biochemical environment caused by the oxidative burst is accompanied by changes in transcriptional levels of antioxidant-related genes like *NF-kB2* and *GCLC*.

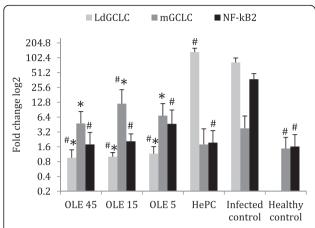
At 3 days after treatment termination, the expression levels of NF-kB2 gene in mice of the infected control group (G5) were significantly higher (P = 0.004) compared to all of the other experimental groups (G1-G4 and G6; Fig. 6). Specifically, NF-kB2 expression in infected control was 23.18-fold upregulated compared to healthy and untreated mice (G6). Ole-treated experimental groups exhibited at most 20.8-fold decrease in NF-kB2 expression compared to the infected control group (G5).

Furthermore, as shown in Fig. 6, the m*GCLC* gene expression in mice from the infected control group (G5) tended to be higher than the corresponding expression observed in mice of the healthy control group (G6; 2.56-fold; P = 0.086). This is possibly attributed to the presence of uncontrolled dissemination of *L. donovani* infection. Moreover, all of the Ole-treated groups (G1, G2, G3) exhibited increased m*GCLC* expression compared to infected mice (G5), but only mice treated with 15 mg/kg b.w. of Ole showed a tendency for higher expression levels (3.17-fold; P = 0.086).

The expression of parasite *GCLC* (*LdGCLC*) was highly elevated in infected and HePC-treated mice compared to Ole-treated mice. More specifically, HePC-treated mice demonstrated a 1.62-fold upregulation



**Fig. 5** Leishmania-specific antibody production. The IgG2a/IgG1 ratios were determined in *L. donovani*-infected BALB/c mice upon their treatment with Ole or HePC. Ratios were measured at 3 days and 6 weeks after treatment termination. \*indicates significant differences compared to infected control group; <sup>Z</sup>indicates significant differences between groups indicated with brackets



**Fig. 6** Fold changes log2 of the Ld*GCLC*, m*GCLC* and *NF-kB2* gene expression in splenocytes of *L. donovani-*infected BALB/c mice, 3 days after termination of treatments with Ole and HePC. # and \* indicate significant differences compared to the infected and positive (HePC-treated) control groups, respectively

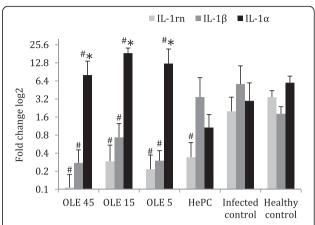
(P=0.014) in LdGCLC expression compared to the infected control. These elevated transcription levels in infected control, reflect the extreme necessity of L. donovani parasites to upregulate one of the most important genes involved in protection against increased oxidative stress. On the other hand, Ole exhibited a different mode of action from HePC. Although both HePC and Ole increased oxidative stress (mainly by NO production), in infected splenocytes, all Ole treatments caused a 100-fold repression (Ole45: P=0.009; Ole15: P=0.014; Ole5: P=0.024) in LdGCLC expression compared to the infected control.

#### Levels of IL-1rn, IL-1β, and IL-1a gene expression

Visceral leishmaniasis is a systemic inflammatory disease and its severity is determined by the capacity of the host immune system to control inflammation. The transcription of inflammation-related genes is critical for the development of such cellular micro-environment that allows or prevents parasitic spread [2]. Moreover, one well-known characteristic of Ole is its anti-inflammatory efficacy [42].

In this study, we demonstrated that the intraperitoneal administration of Ole in *L. donovani*-infected BALB/c mice was able to downregulate the expression of both IL- $1\beta$  and IL-1rn, but not IL- $1\alpha$ , which was found to be upregulated (Fig. 7).

Mice treated with 45 mg/kg b.w. of Ole (G1) exhibited a significant 20.4-fold (P = 0.025) decrease in IL- $I\beta$  gene expression compared to the infected control group (G5), while the HePC treatment did not significantly alternate the IL- $I\beta$  expression (Fig. 7). Moreover, mice treated with 15 and 5 mg/kg b.w. of Ole (G2 and G3) showed a tendency of lower IL- $I\beta$  expression, 7.69-fold (P = 0.1) and 20-fold (P = 0.055), respectively, in comparison to the infected control. Clearly the IL- $I\beta$  gene expression



**Fig. 7** Fold changes log2 of the *IL-1rn*, *IL-1b* and *IL-1a* gene expression in splenocytes of *L. donovani-*infected BALB/c mice, 3 days after termination of treatments with Ole and HePC. \*\* and \*\* indicate significant differences compared to the infected and positive (HePC-treated) control groups, respectively

was similar among the infected (G5) and healthy control (G6) groups.

Moreover, in *L. donovani*-infected BALB/c mice (G5), *IL-1rn* gene expression was 1.7 times diminished ( $P \le 0.1$ ) compared to the healthy control group (G6). However, Ole-treated mice exhibited a tendency for an additional drastic IL-1rn downregulation. Ole treatments of 45, 15, and 5 mg/kg b.w. caused a 20-fold (P = 0.055), 6.67-fold (P = 0.055) and 9.09-fold (P = 0.055) decrease in *IL-1rn* expression, respectively, compared to the infected control group (G5; Fig. 7). HePC-treatment also caused suppressed *IL-1rn* expression compared to the infected control group (G5) exhibiting a 5.88-fold downregulation (P = 0.037).

The IL- $1\alpha$  gene expression was regulated similarly to IL-1rn due to L. donovani infection. Healthy BALB/c mice (G6) exhibited a 2-fold augmented IL- $1\alpha$  transcription compared to the infected control group (G5). On the other hand, Ole-treated mice exhibited significant increases in IL- $1\alpha$  expression. Ole-treated (45, 15 and 5 mg/kg b.w.) mice showed a 2.67-fold (P = 0.1), 6.22-fold (P = 0.004) and 4.18-fold (P = 0.037) increase, respectively, compared to the infected control group (G5) (Fig. 7). The finding that Ole induces the upregulation of IL- $1\alpha$  gene is important since treatment of L. donovani-infected mice with HePC (G4), showed reduced, even though not significantly IL- $1\alpha$  expression.

### Levels of TNF- $\alpha$ , IFN- $\gamma$ , TGF- $\beta$ 1, IL-12 $\beta$ and IL-10 gene expression

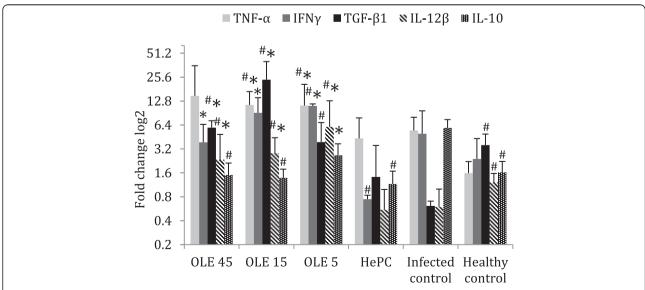
T-cell immune responses are determined by the predominance of specific cytokines since they regulate Tcell differentiation [43]. It is known that IL- $12\beta$  gene is responsible for the expression of IL-12p40, a basic subunit of IL-12 and IL-23 cytokines. IL-12 is necessary for Th1 polarization and IL-23 is necessary for leishmanicidal activity in chronic experimental leishmaniasis [44]. In our in vivo study, L. donovani infection (G5) drove into a tendency for repression of IL-12β expression that reached 51 % (P = 0.055) in comparison to the healthy control group (G6; Fig. 8). On the contrary, two of the experimental groups that received Ole (G2 and G3) exhibited elevated IL-12 $\beta$  gene expression demonstrating a 4.77-fold (P = 0.025) and 10.15-fold (P = 0.025) statistically significant increase, respectively, compared to the infected control group (G5; Fig. 8). Ole-treated mice of group G1 (45 mg/kg b.w.) exhibited a 3.95-fold (P = 0.1) IL-12 $\beta$  upregulation in comparison to the infected control. However, HePC treatment was not able to promote the IL-12 $\beta$  expression over the infected control (G5).

Changes in IL-10 gene expression in relation to IL-12 expression indicate the orientation of the polarized cellmediated immunity towards a Th2 immune response. Leishmania donovani-infected mice (G5) exhibited a tendency for increased levels of IL-10 gene transcription that reached 3.63-times higher levels than in the healthy control group (G6; P = 0.068; Fig. 8). This elevated expression of IL-10 gene in splenocytes of infected mice was not present in treated mice. More specifically, mice treated with Ole (45, 15 and 5 mg/kg b.w.) showed a 3.85-fold (P = 0.1), 4.17-fold (P = 0.078) and 2.22-fold (P > 0.1) decrease, respectively, compared to the infected control group (G5; Fig. 8). Although mice treated with HePC did not overexpress  $IL-12\beta$ , they exhibited a 5.08fold (P = 0.028) significant downregulation in IL-10 transcription compared to the infected control group (G5).

The  $IFN-\gamma$  gene expression in mixed splenocytes of L. donovani-infected BALB/c mice followed the pattern of  $IL-12\beta$  expression (Fig. 8). L.donovani-infected mice (G5) showed a 2-fold upregulation of  $IFN-\gamma$  in comparison to the healthy control group (G6). Among Oletreated mice, only mice treated with 5 mg/kg b.w. of Ole exhibited a significant positive fold change (2.25-fold, P=0.025) in  $IFN-\gamma$  gene expression compared to the infected control group (G5), whereas HePC treatment downregulated significantly the  $IFN-\gamma$  expression (6.64-fold change; P=0.004).

As shown previously, NO production can also be modulated by a IFN-γ-independent and TNF-α-dependent mechanism, which is orchestrated by IL-12 [6]. In this study, we also found that  $TNF-\alpha$  expression was upregulated in mice treated with 45 mg/kg b.w. of Ole, which showed a 2.73-fold change (P = 0.037) compared to the infected control group (G5; Fig. 8). Mice treated with 15 and 5 mg/kg b.w. of Ole tended into a 2.1-fold (P =0.078) and a 2.06-fold (P = 0.1) increase of TNF- $\alpha$  expression in comparison to the infected control mice. Moreover, L. donovani-infected mice also exhibited a 3.43-fold over transcription of TNF- $\alpha$  expression compared to the healthy control group (G6), since TNF- $\alpha$  also participates in the inflammatory process. HePC treatment had no effect in  $TNF-\alpha$  expression compared to the infected control group (G5).

Finally, the expression of TGF- $\beta 1$  gene tended into repression (5.18-fold; P = 0.055) due to L. donovani infection (Fig. 8). On the other hand, Ole-treated groups (15 and 5 mg/kg b.w.) demonstrated a 38.63-fold (P = 0.01) and 6,34-fold (P = 0.037) upregulated transcription of



**Fig. 8** Fold changes log2 of the *TNF-α, IFN-γ, TGF-β1, IL-12β* and *IL-10* gene expression in splenocytes of *L. donovani*-infected BALB/c mice, 3 days after termination of treatments with Ole and HePC. <sup>#</sup> and <sup>\*</sup> indicate significant differences compared to infected and positive (HePC-treated) control groups, respectively

TGF-β1 in comparison to the infected control group (G5). Mice treated with 45 mg/kg b.w. presented a tendency of 9.66-fold (P = 0.1) increased TGF-β1 gene transcription levels. Finally, HePC treatment did not significantly alter the TGF-β1 expression over L. donovani infection.

#### Tbx21 and GATA3 transcription factors gene expression

The modulating action of Ole in the expression of specific genes in splenocytes of *L. donovani*-infected BALB/c mice, prompted us to investigate the expression of transcription factors, Tbx21 and GATA3, which are responsible for cell-mediated immune response polarization toward the Th1 or Th2 phenotype, respectively [4].

Three days after treatment termination the Tbx21/GATA3 gene expression ratio was significantly increased in Ole-treated mice (Ole 15 mg/kg b.w.; 2.75-fold change; P=0.004) compared to the infected control group (Fig. 9). This augmented Tbx21/GATA3 ratio in Ole-treated mice was a result of downregulation in GATA3 expression rather than the corresponding upregulation in Tbx21 expression. It is noteworthy, that mice of the infected control group as well as of the healthy control group exhibited a similar Tbx21/GATA3 ratio.

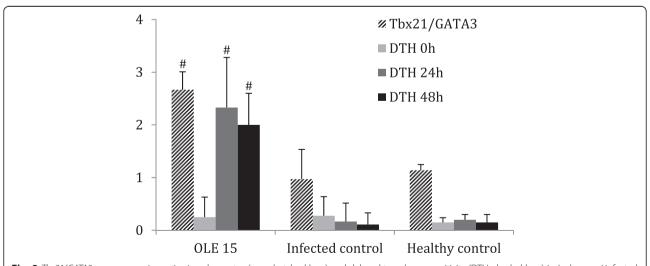
## Delayed type hypersensitivity (intradermal reaction to *L. donovani* promastigote lysate)

A DTH assay can detect the in vivo development of a specific cellular response against the intradermally inoculated antigen where a positive reaction is manifested by swelling and erythema at the site of administration. Three days after termination of treatment with 15 mg/kg

of b.w. of Ole, we intradermally administered soluble *Leishmania* antigen in the footpad of *L. donovani*-infected as well as healthy control BALB/c mice (Fig. 9). After 24 h, the footpad swelling was  $2.33 \pm 0.95$  mm in Oletreated mice and  $0.17 \pm 0.35$  mm in the infected control group (P = 0.001, Fig. 9). At 48 h, the differences between groups were sustained and this disclosed the in vivo operation of a parasite specific cell-mediated immunity ( $2 \pm 0.60$  mm in Ole-treated mice and  $0.11 \pm 0.22$  mm in infected control mice; P < 0.0001).

#### **Discussion**

Ole had been previously shown to exhibit antiparasitic activity against L. donovani amastigotes in J774A.1 macrophages. This finding is further associated with elevated Ole-induced intracellular and extracellular oxidative stress (ROS and NO production) in non-infected or infected J774A.1 macrophages, as shown in the present study. It is of great interest that Ole per se as well as its co-administration with LPS, generated limited oxidative stress in non-infected J774A.1 cells and these findings could probably be attributed to the different concentrations of Ole and to its in vitro antioxidant effect [45, 46]. In contrast, when J774A.1 cells were infected with L. donovani parasites, Ole induced significant production of ROS, although it has been reported that monocytes of patients with active visceral leishmaniasis exhibited decreased NADH-oxidase and NADPH-oxidase activity compared to healthy controls from endemic and nonendemic areas [16]. Data described in the present study showed that Ole at low concentrations behaved as an antioxidant, by reducing the production of ROS caused



**Fig. 9** *Tbx21/GATA3* gene expression ratios in splenocytes (cross-hatched bars) and delayed type hypersensitivity (DTH, shaded bars) in *L. donovani*-infected BALB/c mice, untreated or treated with 15 mg/kg b.w. of Ole, measured at 3 days after treatment termination. The Y-axis represents both the Tbx21/GATA3 ratio (unitless) and the difference in skin thickness after the reaction (mm). At each time point in the DTH assay, the values represent the thickness after a reaction to the *Leishmania* antigen minus the thickness in the saline control. #indicates significant differences compared to the infected control group

by the presence of LPS, whereas Ole at high concentrations, promoted J774A.1 activation by elevating the generalized oxidative stress (increased levels of ROS and NO production).

These results are in accordance with other studies of anti-leishmanial agents from natural resources. For example, Piper betle L. (Piperaceae) crude extract augmented ROS levels when incubated with L. donovani-infected J774A.1 cells following a time dependent increase up to 24 h [47]. However, this result conflicted with other studies, which highlighted the antioxidant activity of P. betle [48]. Moreover, luteolin, a well-studied plant derived biophenol, although showing a satisfactory action against L. donovani amastigotes [49], reduced NO production in RAW264.7 macrophages incubated with LPS [50]. Ole as well as resveratrol, are natural compounds with opposed actions, antioxidants or pro-oxidants. This dual action could possibly be attributed to their metabolic activation through a metal ion (e.g. Cu<sup>+2</sup>) chelation [51-54]. Indeed metal ions are typically present in biological systems or as contaminants in biological reagents and the chelation of these ions can produce toxic pro-oxidants, capable of inducing oxidative stress in infected macrophages.

Thus, the ability of several active compounds obtained from plant extracts or isolated compounds to act as growth inhibitors of promastigotes and amastigotes in in vitro systems, led to the investigation of their role in in vivo protocols that delineate their biological effect in depth. Numerous studies are focused on the mechanisms possessed by natural products used in traditional medicine, in order to affect the immune system. Their effect vary in inducing different immune mediators such as cytokines and chemokines resulting in the establishment of a protective immune response that will provide effective parasite elimination without producing excessive tissue destruction. Thereafter, we evaluated the effect of Ole in an in vivo murine model of visceral leishmaniasis. Our data showed that soon after Ole treatment termination (at 3 days), splenocytes obtained from L. donovaniinfected BALB/c mice, exhibited significant intracellular ROS production and increased levels of NO in the supernatants of splenocytes and hepatocytes. Similarly, other natural products, such as asiaticoside and fucoidan, also produce high levels of ROS and NO in splenocytes of L. donovani-infected mice, and these findings explain the diminution of the parasite burden in the spleen [55, 56]. It is noteworthy that Ole induced more potent production of oxygen intermediates in L. donovani-infected mice, compared to HePC, the first oral drug approved for the treatment of visceral leishmaniasis. HePC was found to support solely the production of NO from spleen and liver cells at 3 days after the termination of treatment.

Excessive production of ROS may lead to oxidative stress, loss of cell function and ultimately apoptosis or necrosis [21]. Thus, a balance between oxidant and antioxidant intracellular systems is vital for cell function and regulation. Mammalian cells and Leishmania parasites are able to counteract oxidative stress through GSH and TSH production, respectively [57]. In our in vivo model of experimental visceral leishmaniasis, we found no significant changes in total or free GSH levels in the liver among all experimental groups (data not shown). This finding highlighted the notion that infected liver cells were protected from the oxidative stress induced by Ole. Previous studies have shown that Ole could in vitro replenish the GSH pool of J774A.1 macrophages by restoring glutathione reductase and peroxidase activity, as well as by inducing their mRNA expression [32]. In the present study, we examined the effect of Ole on the expression of the catalytic subunit of the glutamatecysteine ligase (GCLC) in host splenocytes and parasite cells. GCLC is a rate-limiting enzyme in GSH and TSH synthesis in mammalian cells and parasites, respectively. Transgenic promastigotes heterozygous for GCLC (L. donovani GCLC+/-) exhibited diminished TSH levels, which rendered parasites more vulnerable to oxidative stress in vitro with decreased survival ability inside activated macrophages [23]. Moreover, other studies have shown differences in host and parasite GCLC gene regulation when sodium stibogluconate (SSG)-sensitive or SSG-resistant L. donovani parasites were treated with SSG [38]. The transcription regulation of GCLC gene is also found to be organ-specific since augmentation of murine GCLC expression only occurs in the spleen [38]. However, increases in mGCLC expression appeared to protect SSG-resistant L. donovani parasites, which abrogated the need for parasites to recruit additional "defensive measurements" such as LdGCLC upregulation [38]. In the absence of SSG, SSG-resistant L. donovani parasites could downregulate mGCLC and upregulate the LdGCLC expression. This capacity allowed parasites to elevate their oxidative stress resistance, because TSH has 600-fold greater affinity for NO compared to GSH [22, 38]. In our study, Ole-treated groups exhibited differential mGCLC and LdGCLC expression, 3 days after treatment termination where LdGCLC and mGCLC expression was downregulated and upregulated, respectively. On the contrary, in HePC-treated mice, as well as in infected control mice, mGCLC and LdGCLC genes were regulated inversely. This expression profile supported the parasite need to dodge the oxidative burst with defensive mechanisms. In contrast, Ole appeared to function in both systems, because it maintained LdGCLC expression at low levels, rendering parasites susceptible to oxidative burst, and at the same time, assisting the host cell in neutralizing ROS and RNI production.

NF-kB proteins are a family of transcription factors with great importance in inflammation and immunity

[58]. ROS have been reported to both activate and to repress NF-kB signaling. At the cellular level, the NF-kB2 gene, that encodes the NF-kB p100 subunit, is primarily upregulated by inflammatory lymphokines, such as IL-1β and TNF-α; however, the activation of NF-kB p50/ p65 heterodimers by various stimuli (including ROS) can also autoregulate NF-kB2 expression [59, 60]. In our study, NF-kB2 expression in splenocytes from treated mice (Ole- or HePC-treated) remained at similar levels compared to the healthy control group, even though Ole-treated mice exhibited augmented oxidative stress, 3 days after treatment termination. In contrast, splenocytes from infected control mice exhibited upregulated expression of NF-kB2 possibly due to the significant upregulation of  $IL-1\beta$  expression. Thus, all of the above results indicate that splenocytes of Ole-treated mice are adequate to eliminate intracellular parasites via ROS and NO-dependent mechanisms, in the absence of excessive inflammation in the environment of splenocytes, as indicated by the absence of NF-kB2 upregulation and the enhanced IL- $1\beta$  downregulation [21, 59].

Moreover, Ole treatment resulted in the downregulation of both IL- $1\beta$  and IL-1rn, in combination with IL- $1\alpha$ upregulation. The above data indicate that in Oletreated mice the only member of the IL-1 cytokine family available for binding to the IL-1 receptor was IL-1 $\alpha$ , because IL-1\beta and IL-1rn were selectively downregulated, a finding that has not been described before in experimental visceral leishmaniasis [61]. In contrast, it is already known that IL-1 $\alpha$  requires TNF- $\alpha$  for optimal induction of the Th1-type cytokine IL-12 in susceptible BALB/c mice [62], an effect that was also found in our study since Ole-treated mice overexpressed all three cytokines in their spleen. On the other hand, L. donovani parasites could not modulate IL-1α, in either susceptible BALB/c mice or resistant C3H/HeN mice [63]. Moreover, IL-1 $\alpha$  seemed to be less important than IL-1 $\beta$  as an inflammatory cytokine in parasitic dissemination. Indeed, IL- $1\alpha^{-/-}$  mice were more resistant than IL- $1\beta^{-/-}$ mice in the experimental visceral leishmaniasis model [34]. In addition, splenocytes from IL- $1\alpha^{-1}$  mice failed to mount a Th1 polarization in the later stages of acute infection compared to IL- $1\beta^{-1}$  splenocytes [34]. The observed anti-inflammatory activity of Ole through repression of  $IL-1\beta$  gene seems to be very important in the first steps of experimental visceral leishmaniasis, since IL-1β was found to be in greater necessity for CD4<sup>+</sup> polarization to the Th2 phenotype than IL-1 $\alpha$  [34]. The Th2 cell-mediated immune response to L. donovani infection is triggered and established by IL-1β through a well-established mechanism that enables PGE2 induction via COX-2 upregulation, [11, 64]. In this study, Ole suppressed the expression of  $IL-1\beta$ , an effect also found in LPS-stimulated human peripheral blood mononuclear cells, where Ole was incapable of altering IL-6, TNF- $\alpha$  and PGE2 levels [33].

In the present study, we demonstrated the ability of Ole to initiate a Th1 cell-mediated immune response in a murine model of visceral leishmaniasis. This immunomodulatory effect of Ole is highlighted in the IL-12/IL-10 ratio, which represents a marker of disease severity in leishamaniasis [65]. More specifically, all of the Oletreated experimental groups exhibited significantly higher IL-12 $\beta$  and lower IL-10 gene expression than the infected control group. The ability of splenocytes from Ole-treated BALB/c mice to express *IL-12β* is of paramount importance, as it has been previously shown that IL-12 is intrinsically linked to protection against visceral leishmaniasis [66]. Moreover, at this time point, we did not find an elevated IL-12 $\beta$  expression in HePC-treated mice. Furthermore, we found that Ole-treated mice exhibited elevated  $TNF-\alpha$  and  $IFN-\gamma$  gene expression. Therefore, these elevated gene expression levels might be responsible for the diminished parasite burden, the augmented ROS and NO levels and the upregulated iNOS gene expression (data not shown) found in Oletreated splenocytes.

On the other hand, we observed augmented expression of the TGF- $\beta 1$  gene which transcripts a cytokine characterized by its immunosuppressive activity [67, 68]. However, TGF- $\beta$  was found to play a leading role in IL-12<sup>-/-</sup> and IL-12<sup>-/-</sup>/IFN- $\gamma$ -/- C57BL/6 mice that could not mount a Th1 immune response [69]. Also, TGF- $\beta$ -producing Tregs were essential for an effective secondary immune response against *Leishmania* parasites since Treg elimination in BALB/c mice resulted in a Th2 immunological phenotype and the deterioration of leishmaniasis [70].

All of the above findings indicate that Ole treatment in *L. donovani*-infected BALB/c mice could indirectly or directly modulate the immune response. This result is further confirmed by the highly elevated *Leishmania*-specific IgG2a/IgG1 ratios found in the serum of Oletreated mice. This IgG2a overproduction was also evident at 6 weeks after treatment termination. In contrast, infected control mice had IgG2a/IgG1 ratios close to 0.5, which indicate a dominance of the Th2 immune response. This immunoglobin production switch from IgG1 to IgG2a is typically driven by IL-12 and IFN-γ produced by Th1 cells [71–73].

We further assessed the Th1/Th2 mixed cellular immune response by determining the gene expression of the Tbx21 and GATA3 transcription factors. An experimental model of visceral leishmaniasis in BALB/c mice typically exhibits a Th1/Th2 mixed immunological response. The Tbx21/GATA3 gene expression ratio reflects the prevailing polarization. GATA3 gene expression is predominantly important for Th2 immune response, because its inhibition will result in Tbx21 expression, which is stimulated

by Th1 cytokines, like IL-12 and IFN-γ [5, 6]. In our in vivo experiments, Ole treatment caused an upregulation of *Tbx21* over *GATA3*, which enables a dominance of Th1 cellular immune response in the spleen. This finding was consistent with the cytokine gene expression profile described previously. Next, we performed the DTH test, as an index of cell-mediated immunity, in mice treated with Ole, to assess its effect in promoting enhanced phagocytosis of the infected host leading to effective parasite elimination. Strong DTH responses significantly reduce parasite burden and thus are important in host defense mechanisms against *Leishmania* infections. We found that BABL/c mice treated with Ole developed positive DTH response maximized at 24 h that is predictive of their capacity to resolve the infection.

#### **Conclusions**

In conclusion, we showed that Ole is able to induce ROS production in an in vitro, as well as in an in vivo model of visceral leishmaniasis. Moreover, Ole augments NO production in ex vivo cultures of spleen and liver cells. The induced oxidative burst is mediated in the host by the regulation of glutathione-related genes, and at the same time, Ole renders parasites vulnerable by diminishing the expression of their respective TSHproducing enzymes. These diverse activities are accompanied by the intense downregulation of IL-1\beta and IL-1rn genes, but not *IL-1* $\alpha$ , which allows the *NF-kB2* expression despite the oxidative stress. Ole treatment downregulates IL-10 gene expression, and in combination with IL-12β overexpression, drives a predominant Th1 polarization that is accompanied with *IFN-y* and *TNF-\alpha* overtranscription. This Leishmania protective cell-mediated immune response was clearly demonstrated by the positive DTH reaction, the ratio of Tbx21/GATA3 transcription factors and Leishmania-specific IgG2a/IgG1 antibodies, indicating the operation of a Th1 type of immune response. On the other hand HePC was unable to modulate the majority of the genes tested since, as mentioned previously, its main route of action is through lipid metabolism [74]. The immunomodulatory effect of HePC seems to involve IFN-γ receptor and IFN-y responsiveness through STAT1 phosphorylation taking advantage of the endogenous IFN-y levels [75]. Thus, the diminished parasite burdens that both Ole and HePC presented in our previous study [29], is a result of different mechanisms. Finally, the present study illustrated the promising therapeutic properties of Ole as a natural product with leishmanicidal activity and immunomodulatory effects that are mainly triggered by its antiinflammatory and antioxidative effects towards the benefit of the infected host.

#### Abbreviations

 $\label{eq:cm-H2DCFDA} CM-H_2DCFDA, a chloromethyl derivative of 2', 7'-dichlorodihydrofluorescein diacetate; COX-2, cyclooxygenase-2; DTH, delayed-type hypersensitivity$ 

response; ELISA, enzyme-linked immunosorbent assay; FACS, fluorescenceactivated cell sorting; FBS, fetal bovine serum; GAPDH, glyceraldehyde dehydrogenase of the 3-phosphatase; GATA3, trans-acting T-cell-specific transcription factor; GCLC, calalytic subunit of glutamate-cysteine ligase; gMFI, geometric mean fluorescence intensity; GSH, glutathione; H<sub>2</sub>O<sub>2</sub>, hydrogen superoxide; HePC, hexadecylphosphocholine or miltefosine; HEPES, 4-(2-hydroxyethyl)-1piperazineethanesulfonic acid; HPI, Hellenic Pasteur Institute; IC50, half maximal inhibitory concentration; IFN-γ, interferon-γ; IL-10, interleukin-10; IL-12β, subunit 2 of interleukin-12; IL-1rn, interleukin-1 receptor antagonist; IL-1α, interleukin-1α; IL-1β, interleukin-1β; iNOS, inducable nitric oxide synthase; LdAtub, L. donovani a-tubulin; LPS, lipopolysaccharide; MAPK, mitogen-activated protein kinases; NADH, Nicotinamide adenine dinucleotide; NADPH, Nicotinamide adenine dinucleotide phosphate; NF-kB2, subunit 2 of nuclear factor kappa-B; NO, nitric oxide; Ole, oleuropein; PBS, phosphate-buffered saline; PGE2, prostaglandin E2; RNI, reactive nitrogen intermediates; ROS, reactive oxygen species; SLA, soluble Leishmania antigen; STAT1, signal transducer and activator of transcription 1; Tbx21, T-box transcription factor; TGF-β1, transforming growth factor beta-1; Th, T helper; TNF-α, tumor necrosis factor-α; Treqs, regulatory T cells; TSH, trypanothione; USFDA, United States Food and Drug Administration Agency

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#### Availability of data and material

All datasets on which the conclusions of the manuscript rely are deposited in FigShare public repository. DOI: 10.6084/m9.figshare.3422917 and direct link: https://figshare.com/articles/The\_leishmanicidal\_activity\_of\_oleuropein/3422917

#### Authors' contributions

Conception and design of experiments: IDK and ED. Acquisition of experimental data: IDK, KK Interpretation of experimental data: IDK, OK and ED. Provision of oleuropein and a critical reading of the manuscript: ALS and NA. Writing the manuscript: IDK, OK and ED. All authors read and approved the final version of the manuscript.

#### Competing interests

The authors declare that they have no competing interests.

#### Consent for publication

Not applicable.

#### Ethics approval and consent to participate

Experimental protocols were approved by the Animal Bioethics Committee of the Hellenic Pasteur Institute, according to the regulations of the European Commission Directive 1986/609 and the National Law of 1992/2015.

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